

SPRING/SUMMER MENU 2020

WEEK ONE 2020 W/C - 24th Feb, 16th Mar, 16th Apr, 4th May,
1st Jun, 22nd Jun, 13th Jul.

WEEK TWO 2020 W/C - 2nd Mar, 23rd Mar, 20th Apr, 11th May,
8th Jun, 29th Jun, 20th Jul.

WEEK THREE 2020 W/C - 9th Mar, 30th Mar, 27th Apr, 18th May,
15th Jun, 6th Jul.

MONDAY

Chilli Beef Burritos (G1, D)
Sweet Potato & Pea Curry (Y)
Naan Bread (G1, D, S)
Filled Jacket Potato**
Rainbow Rice
Broccoli, Sweetcorn
Fruit Platter, Fruit Yoghurt (D)

TUESDAY

Neapolitan Pasta Bake (G1)
Vegetable Sausages (G1, E, D)
with 1/2 Jacket Potato (G1, E, D)
Filled Jacket Potato**
Fresh Carrots, Peas

Fruit Jelly & Topping (D), Fresh Fruit Pot.

WEDNESDAY

Roast Gammon & Pineapple
Gravy (C*, G1, E*, D*, M*, S*)
Vegetable Quiche (G1, E, D)
Filled Jacket Potato**
Roast or Mashed Potato

Fresh Carrots, Fresh Cabbage

Iced lemon & Lime Courgette Cake (G1, E, D*)

Fresh Fruit Pot

THURSDAY

Beef Lasagne (G1, D, M, E*)
Vegetable Chilli & Rice
Garlic Bread (G1, D*, S*)
Filled Jacket Potato**
Side Salad
Sweetcorn

Apple Cake (G, E) with Custard (D)

Fresh Fruit Pot

FRIDAY

Fish Fingers (G1, F)
Quorn Sausage (G, D, E)
Filled Jacket Potato**
Chips or 1/2 Jacket Potato
Baked Beans, Baked Tomato
Oat Cookie (G1, E*, D*)
Fruit Juice Cuplet, Fresh Fruit Pot

MONDAY

Butchers Sausages (G1, S)
Gravy (C*, G1*, E*, D*, M*, S*)
Vegetable Sausages (G1, E, D)
Filled Jacket Potato**
Mashed Potato
Fresh Carrots, Peas
Fruit Crumble (G1, E*) with Custard (D)
Fresh Fruit Pot

TUESDAY

Homemade Roasted Vegetable Pizza (G1, E*, D, S, S)
Pizza Cheese & Tomato (G1, E*, D, S)
Filled Jacket Potato**
New Potatoes

Side Salad, Sweetcorn

Fresh Fruit Salad and Ice Cream (D), Fruit Yoghurt (D)

WEDNESDAY

Roast Beef & Yorkshire Pudding (G1, D, E)
Gravy (C*, G1, E*, D*, M*, S*)
Vegetable and Bean Wrap (G, D)
Filled Jacket Potato**
Roast or Mashed Potato

Fresh Carrots, Fresh Cauliflower
Fruit Muffin (G, E)
Fresh Fruit Pot

THURSDAY

Chicken Korma (C, Y), Naan Bread (G1, D, S)
Oriental Vegetable Noodles (S, G1, E)
Filled Jacket Potato**
Wholemeal Rice

Fresh Broccoli, Sweetcorn

Pineapple Sponge (G, E) with Topping (D)

Fresh Fruit Pot

FRIDAY

Breaded Fish (F, G1, M, D*)
Vegetable Kebab (G1, C)
Filled Jacket Potato**
Chips or 1/2 Jacket Potato
Baked Beans, Peas
Anzac Biscuit (G1, D*)
Fruit Juice Cuplet, Fresh Fruit Pot

MONDAY

Butchers Beefburger (G1, S)
In a Wholemeal Bap (G1, A*)
Veggie Burger (C) in a Wholemeal Bap (G, A*)
Filled Jacket Potato**
Oven Baked Wedges
Fresh Carrot Sticks, Peas

Apple Pie (G) with Custard (D)

TUESDAY

Macaroni Cheese (G1, D, M) with Garlic Bread (G1, D*, S)
Veggie Nuggets with Tomato Dip (G1)
Filled Jacket Potato**
Diced Potatoes

WEDNESDAY

Fresh Broccoli, Sweetcorn
Frosted Carrot Cake (G1, E, D)
Fresh Fruit Pot

WEDNESDAY

Chicken & Leek Pie (G1, D, E)
Roasted Vegetable Wrap (G1, D)
Filled Jacket Potato**
Mashed Potato, Gravy (C*, G1, E*, D*, M*, S*)
Diced Swede, Fresh Cabbage

Fruit Flapjack (G1*), Fresh Fruit Pot

THURSDAY

Barbeque Chicken (G, F, M)
Vegetable Chilli
Filled Jacket Potato**
Savoury Rice

Green Beans, Fresh Carrots

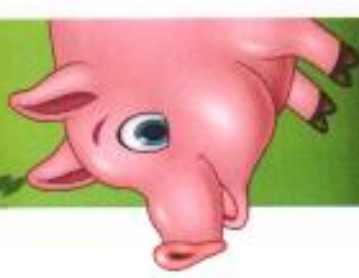
Chocolate Beet Cake (G1, E, D*)

Vanilla Sauce (D), Fresh Fruit Pot

FRIDAY

Fish Fingers (G1, F)
Salmon Nibbles (G1, F)
Roasted Vegetable Frittata (E, D)
Filled Jacket Potato**
Chips or 1/2 Jacket Potato
Baked Beans, Sweetcorn

Fruit Juice Cuplet, Fresh Fruit Pot



Available Daily - Low Fat Milk (D), Homemade Bread (G1, D*, S, E*), Fruit Pots, Yoghurts (D), Chilled Water, Jacket Potato Fillings** Choice of Cheese (D),
Homemade Coleslaw (E, M) or Tuna (F). Menus subject to change. No genetically modified ingredients knowingly used.