

PE Curriculum Overview 2018/2019

Year 3 & 4

Lesson	Sept - Oct	Oct - Dec	Jan - Feb	Feb - Apr	Apr - May	May – Jul
1	Football - To pass, receive and learn basic rules in team games.	TAG Rugby – to copy passing skills and describe rules	Inspiring Healthy Futures – To copy, describe and comment on fitness performance.	Hockey- To learn basic passing and receiving skills. Learn the rules of the game and apply them.	Striking and Fielding (Cricket/Rounders) - learning basic S&F techniques and how to apply them in a competitive situation.	Tennis – To develop hand eye coordination, introducing and developing forehand, backhand, volley and serve.
2	Y3 Baseline assessment Y4 Netball – To develop passing, dribbling and shooting skills	S Hall Athletics-to replicate and describe basic running and, jumping and throwing techniques.	Gym – To replicate and develop basic skills, describe and perform basic sequences and routines.	Dance – To develop movement patterns, physical expression and special awareness. Teacher and pupil led choreography.	Athletics-To develop basic running, jumping and throwing techniques in preparation for sports day and district athletics.	Striking and Fielding (Rounders/ Cricket) - To continue to develop striking and fielding principles

Year 5 & 6

Lesson	Sept - Oct	Oct - Dec	Jan - Feb	Feb - Apr	Apr - May	May - Jul
1	Netball- To develop hand eye coordination and applying skills in competitive situations.	TAG Rugby- To play small sided games, focussing on assessment of peers.	Table Tennis – refine basic skills and understanding of strategies and tactics.	Hockey- To learn basic passing and receiving skills. Learn the rules of the game and apply them.	Striking and Fielding (Cricket/Stoolball/ Rounders) - To develop coordination and application of skills in game situations.	Tennis – To develop hand eye coordination, applying skills in competitive situations and for some - impart spin on controlled shots.
2	Football- to develop gameplay, strategy and leadership skills.	S Hall Athletics-develop running, jumping and throwing skills with a focus on peer assessment.	Gym - to explore and repeat more complex routines and critically evaluate peer performance.	Dance – To develop movement patterns, physical expression and special awareness. Involving choreography and peer evaluations.	Inspiring Healthy Futures– Fit to perform, Fit to Lead and Fit for life. Describe and comment on fitness performance in a variety of athletic activities.	Leadership –Qualities required of a leader and/or team member. Offering pupils the opportunity to develop within small groups.